Print out the following pictures to paste on squares of colored paper. Tape them together in a vertical or horizontal line then fold them like an accordion so they make a fold-out. Paste the words to the back, noting that if you connected the cards horizontally you have to be careful to paste the words in the opposite direction so that when you flip the cards over, they will read correctly.

O God, guide me, protect me,

make of me a shining lamp and a brilliant star.

Thou art the Mighty and the Powerful. 'Abdu'l-Bahá



Print off the following "book" and paste onto colored paper to make it more sturdy.



## **Devotional on Courage**

Take courage! God never forsakes His children who strive and work and pray! Let your hearts be filled with the strenuous desire that tranquillity and harmony may encircle all this warring world. So will success crown your efforts, and with the universal brotherhood will come the Kingdom of God in peace and goodwill. (Abdu'l-Baha, Paris Talks, p. 30)

Strive as much as ye can to turn wholly toward the Kingdom, that ye may acquire innate courage and ideal power.

(Abdu'l-Baha, Selections from the Writings of Abdu'l-Baha, p. 206)

Consider thou the lives of the former sanctified souls; what tests have they not withstood and what persecutions have they not beheld; while they were surrounded with calamities they increased their firmness and while they were overwhelmed with tests they manifested more zeal and courage. Be thou also like unto them. (Abdu'l-Baha, Tablets of Abdu'l-Baha v2, p. 302)

May you all be united, may you be agreed, may you serve the solidarity of mankind. May you be well-wishers of all humanity. May you be assistants of every poor one. May you be nurses for the sick. May you be sources of comfort to the broken in heart. May you be a refuge for the wanderer. May you be a source of courage to the affrighted one. (Abdu'l-Baha, The Promulgation of Universal Peace, p. 425)

Armed with the power of Thy name nothing can ever hurt me, and with Thy love in my heart all the world's afflictions can in no wise alarm me.
(Baha'u'llah, Prayers and Meditations by Baha'u'llah, p. 208)

Rest assured that the breathings of the Holy Spirit will loosen thy tongue. Speak, therefore; speak out with great courage at every meeting. When thou art about to begin thine address, turn first to Bahá'u'lláh, and ask for the confirmations of the Holy Spirit, then open thy lips and say whatever is suggested to thy heart; this, however, with the utmost courage, dignity and conviction. It is my hope that from day to day your gatherings will grow and flourish, and that those who are seeking after truth will hearken therein to reasoned arguments and conclusive proofs. I am with you heart and soul at every meeting; be sure of this.

(Abdu'l-Baha, Selections from the Writings of Abdu'l-Baha, p. 269)

## My Book About Courage

Courage is doing what needs to be done, even when it is really hard or scary.

Courage is needed in trying new things.

Courage is going ahead even when you feel like giving up.

Courage helps you to do great things!

Courage comes when we stand up for what we believe in and trust that God will help us through anything!

Courage is the strength in your heart.













## Courage

The source of courage and power is the promotion of the Word of God, and steadfastness in His Love.
- Baha'u'llah

## This month our family is learning about Courage.

The source of courage and power is the promotion of the Word of God, and steadfastness in His Love. - Baha'u'llah

Date:

Armed with the power of Thy name nothing can ever hurt me, and with Thy love in my heart all the world's afflictions can in no wise alarm me.

Baha'u'llah







Make me fearless
Like a jungle lion
Like a roaring ocean
Like an eagle in flight.
Make me fearless
Like Mulla Husayn
Like Tahirih
Like 'Abdu'l-Baha.