



## **Love: Getting Started**

### ***Inspiring Words***

Thou didst write as to the children: from the very beginning, the children must receive divine education and must continually be reminded to remember their God. Let the love of God pervade their inmost being, commingled with their mother's milk.

(Abdu'l-Baha, Selections from the Writings, p. 127)

### ***Printables***

Page 1: Spiritual Treasure Box Projects  
Page 2: Devotional  
Page 3: Booklet  
Page 4: Radiant Hearts Book Template  
Page 5: Monthly Letter Template  
Page 6: Daily Activity #13  
Page 7: Daily Activity #17

*See the "Printable" document for these pages.*

### ***Questions to Consider***

How do I currently model Love?

What are ways I would like to model Love better?

How does my child currently exhibit Love?

What aspects of showing Love can I help my child work on?





# Radiant Hearts

## Love: Foundation

### **Prayer**

O my Lord! Make Thy beauty to be my food, and Thy presence my drink, and Thy pleasure my hope, and praise of Thee my action, and remembrance of Thee my companion, and the power of Thy sovereignty my succorer, and Thy habitation my home, and my dwelling-place the seat Thou hast sanctified from the limitations imposed upon them who are shut out as by a veil from Thee. Thou art, verily, the Almighty, the All-Glorious, the Most Powerful.

(Bahá'u'lláh, Baha'i Prayers, p. 143) Love

### **Quotation**

Let the flame of the love of God burn brightly within your radiant hearts.

(Baha'u'llah, Gleanings from the Writings of Baha'u'llah, p. 325)

Love

### **Introduction to the Virtue**

Love is caring for someone and wanting to care for them. It is a special feeling that fills our hearts. We show love in many ways such as smiling, speaking kindly, a doing something thoughtful, or giving a hug. When we love someone we treat them well because they mean so much to us. We treat them the way we would like to be treated (with care and respect).

How do you show someone you love them?

In what ways do your parents show their love for you?

What does it feel like to be around someone who loves you?

Love

### **Songs**

#### Love

(Nabil H., *Virtues In Us #34*)

I love you and you love me

We are one big family

All around the world you'll see us  
teaching peace and unity

Love

#### Circle of Love

In the circle of love we hold on  
to each other (*Subsequent verses: Oh  
name did you know that you are very  
special*)

I can see the love in you  
So come if you will to the circle of love  
Each of us is special  
In the circle of love

Love

## Love: Daily Activities

### *Activities for Every Month*

1. Spiritual Treasure Box project (prayer).	2. Assemble the booklet.	3. Make a Monthly Letter.
4. Spiritual Treasure Box (quotation).	5. Make Radiant Hearts Book page.	6. Add a jewel to the Crown of Virtues.

### *Games and Role Plays*

7. "Today we're going share the ways we like to feel love." Find out how your child likes to feel loved by asking "How do you know when someone loves you?" Think about how you like to be showed love also. Take turns sharing how each of you likes to be loved such as hugging, having someone's help, or enjoying a game together. Talk about how family members and friends may like to feel loved. Love
8. "Today we're going to learn a sign that means 'I love you.'" The sign for "I love you" in American Sign Language is the pinky finger, index finger, and thumb pointed straight (with the middle two fingers held down to the palm). Teach your child this sign or make up an original sign together for your own family to use. Love
9. "Today we're going to learn about God's love for us by appreciating His creation." God created us because he loves us, and He also created a beautiful world for us to enjoy. Go on a walk and notice some of God's creations, and talk with your child about how God created everything because of His love. He also created each of us in His image and gave us unique gifts to offer the world. Love
10. "Today we're going to show our love for the earth." When we care about the environment, we care for it as best we can. Collect trash on the street, gather up recyclable items in your home, or do some gardening outside. Explain how actions are more important than words in expressing true love. Love
11. "Today we're going to talk about people we have met and the loving qualities they showed." Ask your child to remember a time when they met someone new and what they noticed about this person. Talk about if they felt comfortable and how they became friends. You may like to take turns pretending you are each a new person the other is meeting, and role play how you can show love. Talk about how someone may look different than us – such as having a different color of skin, being a different age, speaking a different language, or having a disability – but we love every person because each has been specially created by God. Love
12. "Today we're going to play Loving Actions." Take turns coming up with creative ways to show love (such as greeting someone, opening the door for someone, kissing boo boos, or offering a drink). You may like to use photographs to inspire ideas for showing love to different people such as grandparents, friends, teachers, and strangers. Sometimes we show love to different people in different ways. Love

## Love: Daily Activities (continued)

### *Creative Arts*

<p>13. "Today we're going to make a Love Bug." Make the stick puppet from page 6 of the Printables. Use the suggestions on the page to have the Love Bug show love when someone needs it. Showing love is even more important than saying "I love you" because actions do much more than words. Take turns "being" the Love Bug. Love</p>
<p>14. "Today we're going to make a Love Letter." God is the source of all love. His messages are like love letters to us, because they express His love and guide us to do what will make us truly happy. Each time we read God's words, it is like we are receiving a special love letter from God. Make a Love Letter by writing out a quotation from the Devotional on page 2 of the Printables and decorating it. Love</p>
<p>15. "Today we're going to make a list of people we love and people who love us." Make a list or create a photo album of family members and friends. Use this list (or album) to remind your child that there are lots of people who care for him/her. Discuss the idea of love being limitless – no matter how many people we love, there is always more love in our hearts. Love is endless to receive and endless to give. Love</p>
<p>16. "Today we're going to make a card for someone we love." Ask your child who they would like to make a card for and talk about why they chose that person. Is that person kind to them? Do they enjoy spending time with that person? Your child loves them! Make a card for the person and arrange to get it to them. Love</p>
<p>17. "Today we're going to look at some pictures which will help us learn about unconditional love." Look at page 7 of the Printables and talk about how we love each other no matter what, in good times and in hard times. We should love ourselves and each other, and be patient and forgiving even when we make mistakes. We can trust God will always love and guide us. Decorate this page. Love</p>
<p>18. "Today we're going to create a Love Dance." Love feels so good that we often smile, laugh, sing and dance when we are with those we love. Choose a song your child likes and make up actions or dance moves you can do together. Have a good time and savor the moments spending some time with someone you love. Love</p>
<p>19. "Today we're going to make a big Love Heart." Use masking tape or colored paper to make a heart on the ground. Sing the song and do the actions to the following song which is available on the Online Lesson: "Jump in, jump out, jump in, jump out, around and around and around. I show my love, I show my love, to everyone around." Have your child come up with other ways to use the heart such as making it a race track, a collection area, or a place to sit in while they sing songs. Love</p>

*Visit the Online Lesson where you can see example photos of the daily activities, listen to the songs, and download the "Printables" document for this lesson:*

<http://www.enablemetogrow.com/love/>