



Ayyam-i-Ha: Getting Started

Inspiring Words

Blessed is that teacher who remaineth faithful to the Covenant of God, and occupieth himself with the education of children. For him hath the Supreme Pen inscribed that reward which is revealed in the Most Holy Book. Blessed, blessed is he!

(Baha'u'llah, From a Tablet - translated from the Persian, The Compilation of Compilations vol. I, p. 251)

Printables

Page 1: Spiritual Treasure Box Project (Prayer)

Page 2: Spiritual Treasure Box Project (Quotation)

Page 2: Devotional

Page 3: Booklet

See the "Printable" document for these pages.

Questions to Consider

How have we celebrated Ayyam-i-Ha in the past?

What might we like to repeat?

What might we like to do differently?

How can I help my child share the spirit of Ayyam-i-Ha with others?



Ayyam-i-Ha: Foundation

Prayer

My God, my Fire and my Light! The days which Thou hast named the Ayyam-i-Ha in Thy Book have begun, O Thou Who art the King of names, and the fast which Thy most exalted Pen hath enjoined unto all who are in the kingdom of Thy creation to observe is approaching.

(Baha'u'llah, Baha'i Prayers, p. 235)

Ayyam-i-Ha

Quotation

It behoveth the people of Baha, throughout these days, to provide good cheer for themselves, their kindred and, beyond them, the poor and needy, and with joy and exultation to hail and glorify their Lord, to sing His praise and magnify His Name...

(Baha'u'llah, The Kitab-i-Aqdas, p. 25)

Ayyam-i-Ha

Introduction to Ayyam-i-Ha

Ayyam-i-Ha is a time for making others happy and helping those around us.

Who would you like to bring cheer to?

How does it feel when someone serves you or your family?

What would happen if everyone in the world was happy during these days?

Ayyam-i-Ha

Songs

Spirit of Ayyam-i-Ha

(Bimini Productions)

Let's show love - that's the spirit of Ayyám-i-Há.
 Feel it in your heart with every beat.
 Let's show fellowship, and make new friends.
 'Cause it's fun and it's sweet, what a delight, what a treat!

Chorus:

Shake hands, hold hands, wave 'em high,
 It'll make you feel happy and you'll feel you can fly.
 From the sky, to your heart to your feet on the ground
 The spirit of Ayyám-i-Há-- is all around.

Let's show we care -- that's the spirit of Ayyám-i-Há.
 Time for our neighbourhood to meet and greet.
 Let's show charity, and share the joy,
 'Cause it's fun and it's sweet, what a delight, what a treat!

Ayyam-i-Ha

Ayyam-i-Ha Is On Its Way! (tune of "Bingo")

Ayyam-i-Ha is on its way
 It's four days of love
 L O V E love
 L O V E love
 L O V E love
 It's four days of love

(repeat and clap in replace
 of each letter)

Ayyam-i-Ha

Ayyam-i-Ha: Daily Activities

1. “Today we’re going to make a calendar so we can read the prayer for Ayyam-i-Ha each day of Ayyam-i-Ha and learn about what other special days come over the next few weeks.” Print out page 1 of the Printables which is a calendar you can use to count down the days of Ayyam-i-Ha and the Fast days, up until Naw Ruz. There is one day in grey to use when it is a leap year, when Ayyam-i-Ha lasts five days. You may wish to color in the squares, put a check, add a star, or place a sticker as you count down. Cut out this calendar and paste it on a colored piece of paper, and then hang it up to use over the next month. You may also like to make the Booklet on page 3 of the Printables to talk about what Ayyam-i-Ha is. *Ayyam-i-Ha*
2. “Today we’re going to draw some pictures to help learn about our quotation for Ayyam-i-Ha.” Print page 2 of the Printables. Then read and learn the song for the quotation for this lesson. Now talk about what the quote means and ask your child how they would like to bring cheer to themselves and others. Draw pictures of what you talk about. You may like to give this drawing as a gift to someone. *Ayyam-i-Ha*
3. “Today we’re going to share something with the poor and needy.” Discuss how your family can serve others less fortunate than you. You may like to: donate items to a homeless shelter, volunteer at a soup kitchen, make cards for children in the hospital, have a yard sale and donate the proceeds to a favorite charity, make a meal for someone who is unwell, or do any act of service you can think of. Be creative and choose a cause your family can become passionate about and enjoy! You may like to have each person choose one simple way to serve, and then participate in each act of service as a family. *Ayyam-i-Ha*
4. “Today we are going to provide good cheer for ourselves and our kindred.” Choose a way to make each person in your family happy, such as singing them a song, making them a card, helping them with a chore, or creating a homemade gift. You may also like to choose a way to make a neighbor, some friends, your Baha’i community, and/or your parents’ co-workers happy. Have fun bringing good cheer to others – while you are doing this, you will find making others happy brings you the greatest joy of all! *Ayyam-i-Ha*
5. “Today we’re going to hail and glorify God, sing His praise, and magnify His name.” Choose and practice singing one of quotations, prayers, or songs from this or another Radiant Hearts lesson to learn. Then teach it to some friends! You may also like to host a Devotional Program using page 2 of the Printables. *Ayyam-i-Ha*

Visit the Online Lesson where you can see example photos of the daily activities, listen to the songs, and download the “Printables” document for this lesson:

<http://www.enablemetogrow.com/ayyam-i-ha>