

Mother Moments: A Game for Sparking Elevated Conversation

Directions: Cut out the cards to use with a group of mothers in order to share experiences and learn from each other. For ideas on how to play the game, go here:

<http://www.enablemetogrow.com/2012/05/10/mother-moments/>

What has been one of your most memorable moments of motherhood?	What is your favorite part of your family's daily routine?	What is one quality you love about your child(ren)?
What is one thing you are you thankful for in your life?	What is one thing that surprised you when you became a mother?	What is one piece of advice would you give to new mothers?
What is one of the hardest things for you about being a mother?	What is one way that being a mother has changed your life perspective?	What is one part of your childhood that you have tried to bring to your own family?
What is one word you would like your child to describe your family with?	What is one challenge you have faced in being a mother?	What is one thing you want your child to remember about you?
What is one of your favorite memories of being a mother thus far?	What is one thing you learned from your own mother that helps you be the mother you are?	What is one lesson you want your child to learn from you?
What is one thing you wished you knew before you became a mother?	What is one motherhood memory you never want to forget?	What is one skill you have learned, since becoming a mother?

