



# Ayyam-i-Ha



# Prayer

My God, my Fire and my Light! The days which Thou hast named the *Ayyam-i-Ha* in Thy Book have begun, O Thou Who art the King of names, and the fast which Thy most exalted Pen hath enjoined unto all who are in the kingdom of Thy creation to observe is approaching.

(Baha'u'llah, *Baha'i Prayers*, p. 235)

# Quotation

It behoveth the people of Baha, throughout these days, to provide good cheer for themselves, their kindred and, beyond them, the poor and needy, and with joy and exultation to hail and glorify their Lord, to sing His praise and magnify His Name...

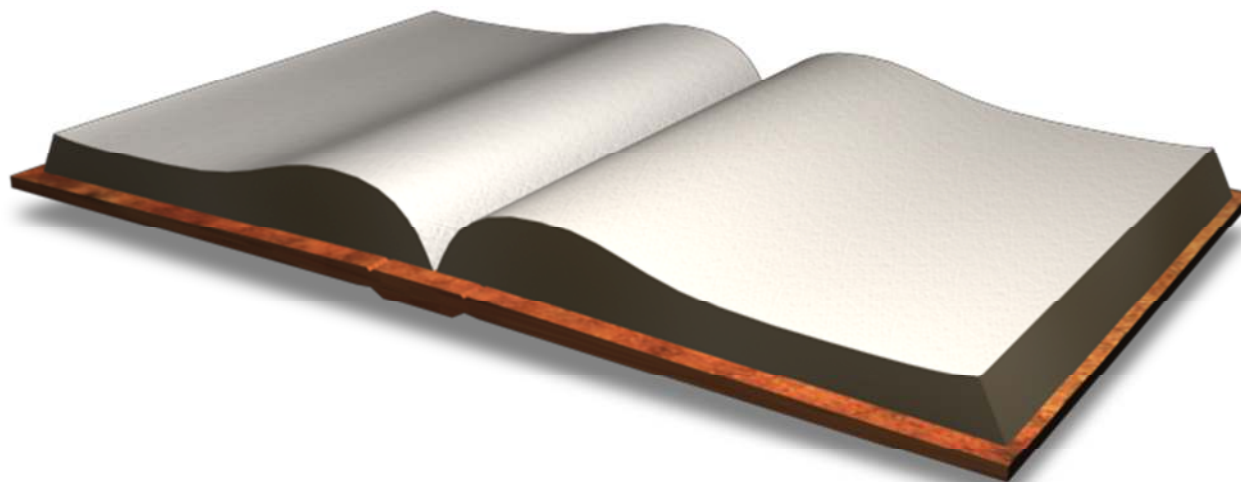
(Baha'u'llah, The Kitab-i-Aqdas, p. 25)

# Discuss the Spiritual Quality

Ayyam-i-Ha is a time for making others happy and helping those around us.

- Who would you like to bring cheer to?
- How does it feel when someone serves you or your family?
- What would happen if everyone in the world was happy during these days?

# Story



## *Booklet Page 1*

Ayyam-i-Ha is celebrated over four days each year, or on leap year it lasts five days!



## *Booklet Page 2*

Ayyam-i-Ha is a time for bringing happiness to those around us and serving others as well.



## *Booklet Page 3*

These days are a special time we can celebrate and think of all the wonderful things we have in our lives. What are you thankful for?





## *Booklet Page 4*

We should also praise God and sing His praise.  
Do you have a favorite prayer you can sing?



## *Booklet Page 5*

After Ayyam-i-Ha it is the month of Fasting. After the Fast is Naw Ruz, which is the Baha'i New Year! Indeed this is a very special time of the year with spiritual blessings abounding.



*Booklet Page 6*

Happy, happy Ayyam-i-Ha!



## Spirit of Ayyam-i-Ha

Let's show love - that's the spirit of Ayyám-i-Há.  
Feel it in your heart with every beat.  
Let's show fellowship, and make new friends.  
'Cause it's fun and it's sweet, what a delight, what a treat!

Chorus:

Shake hands, hold hands, wave 'em high,  
It'll make you feel happy and you'll feel you can fly.  
From the sky, to your heart to your feet on the ground  
The spirit of Ayyám-i-Há-- is all around.

Let's show we care -- that's the spirit of Ayyám-i-Há.  
Time for our neighbourhood to meet and greet.  
Let's show charity, and share the joy,  
'Cause it's fun and it's sweet, what a delight, what a treat!

**Ayyam-i-Ha Is On Its Way!**  
**(tune of “Bingo”)**

Ayyam-i-Ha is on its way  
It's four days of love  
L O V E love  
L O V E love  
L O V E love  
It's four days of love

(repeat and clap in replace of each letter)

# **Activity**

*Let's all celebrate Ayyam-i-Ha!*