



Cleanliness



Prayer

He is God! O God, my God.
Bestow upon me a pure heart
like unto a pearl.

(Abdu'l-Baha, Baha'i Prayers, p. 29)

Quotation

Be ye the very essence of cleanliness
amongst mankind.

(Baha'u'llah, The Kitab-i-Aqdas, p. 46)

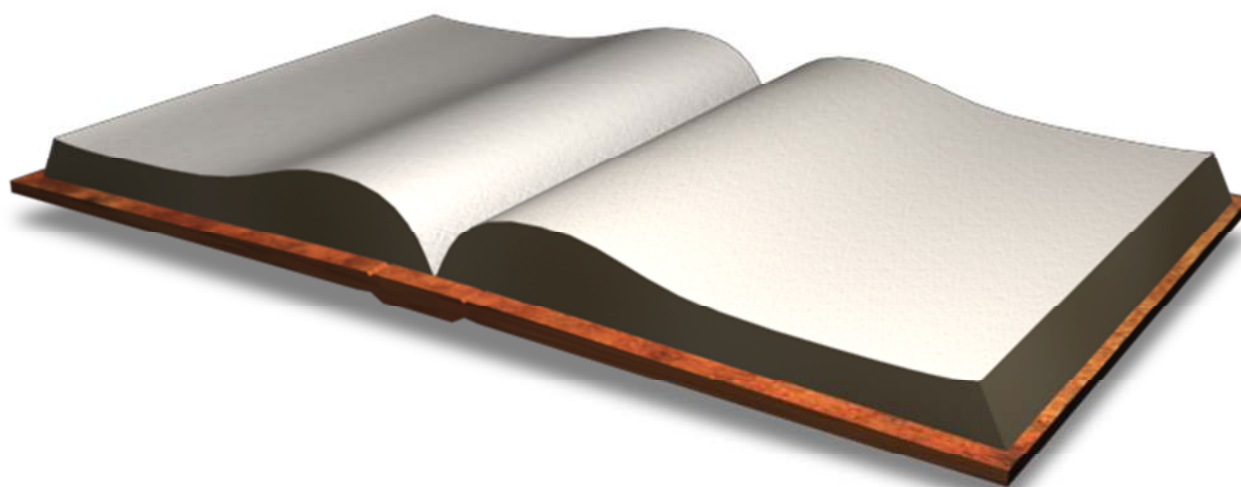
Discuss the Spiritual Quality

Cleanliness means keeping yourself and the space around you clean. When you are clean you clean your body often. You also put only clean things into your body, by eating and drinking healthy foods and drinks. You put things away after you use them, and clean up regularly to make sure the space around you is neat and tidy. Practicing cleanliness also means having a clean mind. This means thinking clean, happy thoughts.

Discuss the Spiritual Quality (cont.)

- How do you show Cleanliness at home?
- How do you feel when you are clean?
- What would happen if we didn't practice Cleanliness?

Story



Booklet Page 1

When we are clean, we feel fresh
and ready to face the day.



Booklet Page 2

To be clean means wearing clean clothes,



Booklet Page 3

washing often (with soap!)



Booklet Page 4

and keeping our whole body clean- including our face, ears, nose, hands, feet and fingernails.



Booklet Page 5

When we practice cleanliness,
we keep our room tidy,



Booklet Page 6

we help clean our house,



Booklet Page 7

and we take care of the environment
by picking up after ourselves and others.



Booklet Page 8

When we practice cleanliness, we feel good and other people feel happy to be with us!



Cleanliness (*Virtues In Us* #20)

This is the way we wash our face, wash
our face, wash our face.

This is the way we wash our face
because we want to be clean.

This is the way we wash our hands, wash
our hands, wash our hands.

This is the way we wash our hands
because we want to be clean.

Cleanliness Song

I'm a clean kid.

I keep my life in order.

I'm a clean kid.

I wash my face everyday.

I'm a clean kid.

I do my share to keep our house in order.

I'm a clean kid, from Sunday to Saturday!

Activity

Let's all practice cleanliness!