



Helpfulness



Prayer

O Thou kind Lord! These lovely children are the handiwork of the fingers of Thy might and the wondrous signs of Thy greatness. O God! Protect these children, graciously assist them to be educated and enable them to render service to the world of humanity. O God! These children are pearls, cause them to be nurtured within the shell of Thy loving-kindness. Thou art the Bountiful, the All-Loving.

('Abdu'l-Bahá, Baha'i Prayers p. 35)

Quotation

It behooveth man to show forth
that which will benefit mankind.

(Baha'u'llah, Epistle to the Son of the Wolf, p. 49)

Discuss the Spiritual Quality

Helpfulness is serving others. Being helpful means you choose to make a difference by doing things that will be of use to someone else. When we are helpful to others, it makes us feel good inside.

Being helpful is a way to show we care for someone. If we need help ourselves, we can always ask others to help us. We can also pray to God during times we feel helpless.

Discuss the Spiritual Quality (cont.)

- How do you feel when someone helps you?
How about when you help someone else?
- How do you show helpfulness in our home?
- Can you think of a time when someone was helpful to you?

Story



Booklet Page 1

Helpfulness is doing acts of service.



Booklet Page 2

When we see someone needs help,
we offer ourselves and our skills.



Booklet Page 3

Helping others makes us feel happy
and makes others happy too.



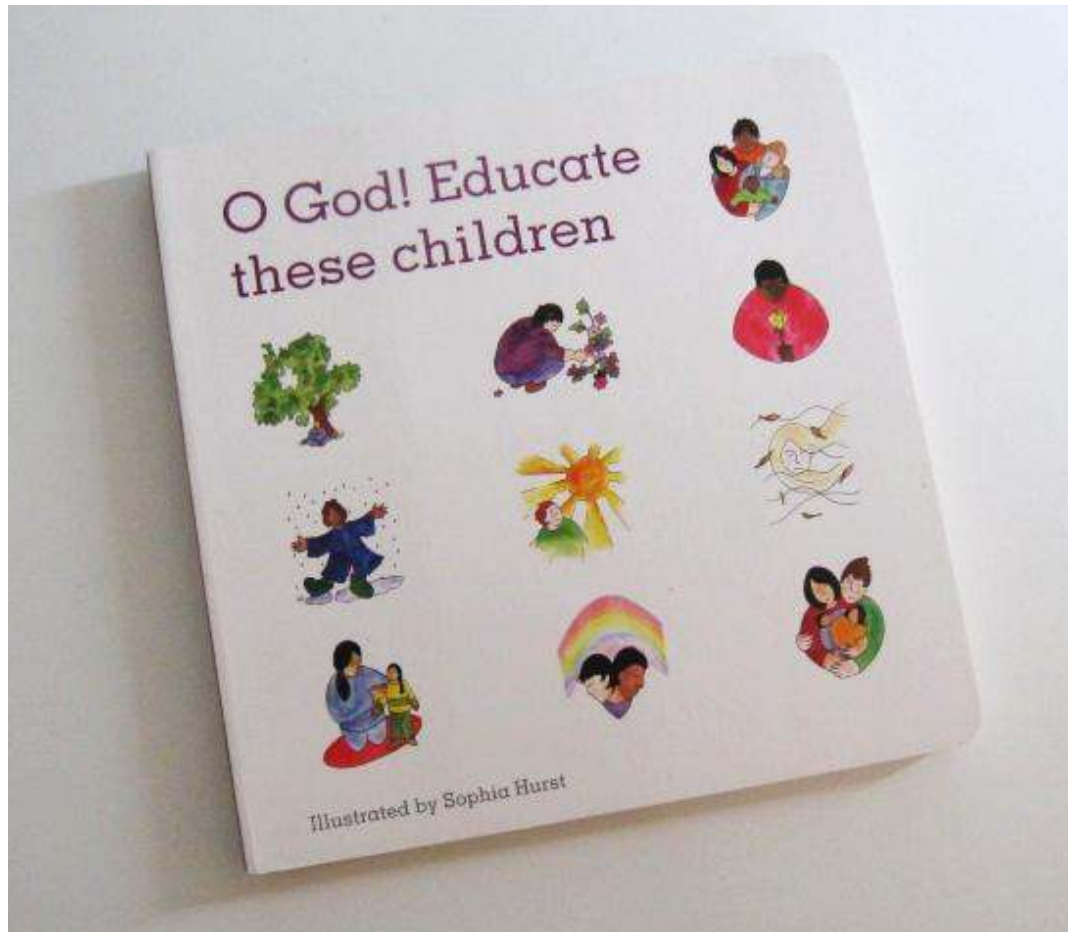
Booklet Page 4

We can also ask others for help when we need it.



Booklet Page 5

We can also pray to God to help us.



Booklet Page 6

When everyone helps each other, we all feel good.



Helpfulness (Virtues In Us #25)

May I, may I help you.

May I, may I help you.

May I, may I help you today.

May I help you clean the floor,
may I help you clean the floor,
may I help you clean the floor,
may I help you today.

Hands of Service Song

I may not be so tall and I can't do it all.
My hands may be small,
but they can make the world a better place.

Chorus: Little by little, day by day (x 3)
They can make the world a better place.

My hands can hold the door.
My hands can sweep the floor.
My hands can feed the poor
and they can make the world a better place.

Activity

Let's all practice helpfulness!