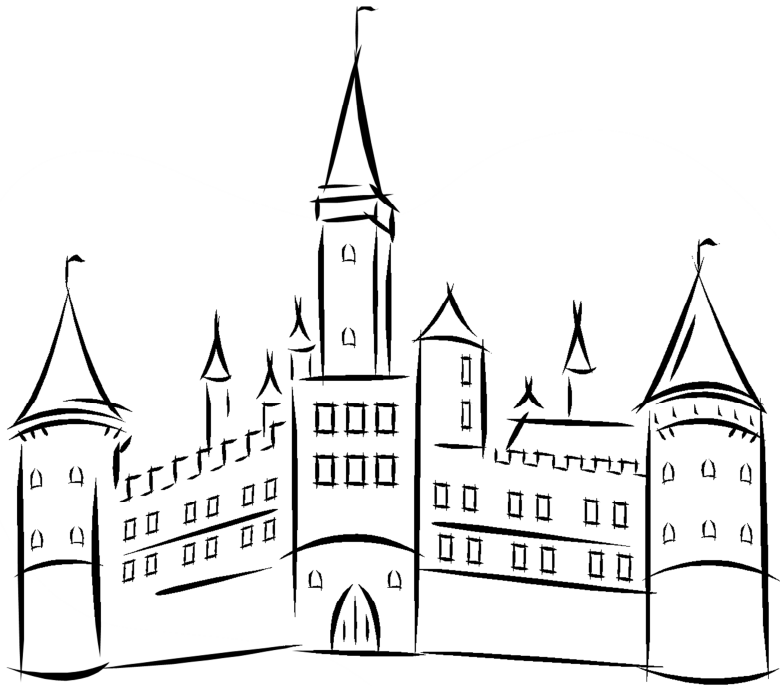


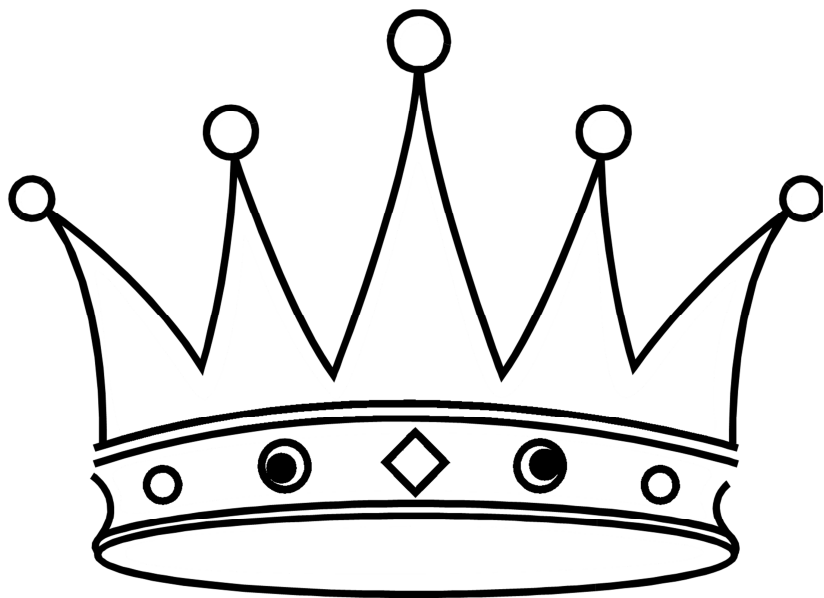
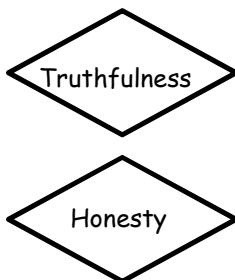
Make a “kingdom” by cutting out and coloring in the following castle. Discuss the physical attributes of a kingdom (grand, beautiful, luxurious) and help your child understand how these qualities can be manifested spiritually in the spiritual kingdom through God’s bounties. Paste the prayer on the back.

O Thou kind Lord!  
I am a little child, exalt me  
by admitting me to the  
kingdom. I am earthly,  
make me heavenly; I am of  
the world below, let me  
belong to the realm above;  
gloomy, suffer me to  
become radiant; material,  
make me spiritual, and  
grant that I may manifest  
Thine infinite bounties.  
Thou art the Powerful,  
the All-Loving.  
- 'Abdu'l-Bahá



In the quotation, we are to beautify and adorn ourselves with spiritual qualities, similar to a king or queen who would adorn themselves with a beautiful crown. Create a crown using the picture below and paste on “truthfulness” and “honesty.” Paste the quotation on the back.

Beautify your tongues, O  
people, with truthfulness,  
and adorn your souls with  
the ornament of honesty.  
-Baha'u'llah



## **Devotional on Truthfulness**

We ask thee to reflect upon that which hath been revealed, and to be fair and just in thy speech, that perchance the splendors of the daystar of truthfulness and sincerity may shine forth, and may deliver thee from the darkness of ignorance, and illumine the world with the light of knowledge.

(Baha'u'llah, Epistle to the Son of the Wolf, p. 10)

Let your eye be chaste, your hand faithful, your tongue truthful and your heart enlightened.

(Baha'u'llah, Tablets of Baha'u'llah, p. 138)

Fair speech and truthfulness, by reason of their lofty rank and position, are regarded as a sun shining above the horizon of knowledge.

(Baha'u'llah, Tablets of Baha'u'llah, p. 39)

Truthfulness is the foundation of all the virtues of the world of humanity. Without truthfulness, progress and success in all of the worlds of God are impossible for a soul. When this holy attribute is established in man, all the divine qualities will also become realized.

(Abdu'l-Baha, Baha'i World Faith - Abdu'l-Baha Section, p. 384)

God has given man the eye of investigation by which he may see and recognize truth. He has endowed man with ears that he may hear the message of reality and conferred upon him the gift of reason by which he may discover things for himself. This is his endowment and equipment for the investigation of reality.

(Abdu'l-Baha, Foundations of World Unity, p. 75)

All those who seek truth in the Heavenly Kingdom shine like the stars; they are like fruit trees laden with choice fruit, like seas full of precious pearls.

(Abdu'l-Baha, Paris Talks, p. 117)

# My Book About Truthfulness

Truthfulness is valuing truth in all things.

When we are truthful, we only say things that are true.

We are true to ourselves, which means we do things that feel true to our heart.

We are able to recognize the difference between fantasy and reality.

Being truthful also means we look for truth on our own, by investigating reality for ourselves.

It is important to discover new truths throughout our whole lives. There is always more to learn!



# *Truthfulness*

Beautify your tongues, O people,  
with truthfulness, and adorn your souls  
with the ornament of honesty.

-Baha'u'llah

**This month our family is learning about Truthfulness.**

Beautify your tongues, O people,  
with truthfulness, and adorn your souls  
with the ornament of honesty.

-Baha'u'llah

**Date:**

Personal Truth:

I feel very warm in the sun.

Absolute Truth:

The sun is present in the sky every day.

Personal Truth:

I enjoy taking hikes in the mountains.

Absolute Truth:

The mountains are made from rock and earth.

Personal Truth:

This water tastes good.

Absolute Truth:

Water is a precious resource of the earth.

Personal Truth:

I am happy right now.

Absolute Truth:

It is a choice whether to be joyful in any situation.

# True

# False

Phrases to ask your child:

*Note: For some of these your child will need your help to decide if they are “true” or “false.” One of the points of the exercise is to encourage children asking for help to discover truths, when necessary. While we should discover truth for ourselves, we should also ask for guidance and wisdom from our parents and other adults we trust.*

The sky is blue.

Grass is purple.

I am as tall as 10 books.

I am taller than my parents.

I have five fingers on each hand.

I have twenty fingers and toes.

I can jump over a toy.

Truth starts with the letter “S.”

I will choose to be truthful.



Ben took out daddy's tool  
without asking.



Clara hit her sister.



Tara grabbed a toy from Peter.



Nancy broke Sarah's pencil.



Tom took an extra cookie.



Orion did not wash his hands after  
using the toilet.