

The Days of Ayyam-i-Ha

Activity Book



Draw a picture of yourself here!

"It behoveth the people of Baha, throughout these days, to provide good cheer for themselves, their kindred and, beyond them, the poor and needy, and with joy and exultation to hail and glorify their Lord, to sing His praise and magnify His Name..." (Baha'u'llah, The Kitab-i-Aqdas, p. 25)

Ayyam-i-Ha is a special time to bring joy to others.
This child is bringing joy to his mother.

How can you bring joy to your parents?



The days of Ayyam-i-Ha are spent doing things we love with people we love. This family is enjoying a picnic together.

What do you enjoy doing with your family?



During Ayyam-i-Ha we look out for ways we can help others. This child is sharing food with a friend.

How can you serve your friends?



We spend Ayyam-i-Ha thinking of those who may need special attention and care, and finding ways to help them.
This girl is caring for her pet cat that is unwell.

How can you help someone who is in need?



Sometimes during Ayyam-i-Ha we organize a service project to help people in our community. These friends are helping neighbors with yard work.

How can you serve your community?



Ayyam-i-Ha is a good time to think about ways to help the world around us, too. Here a mother and child are planting some seeds.

How can you help the environment?



During Ayyam-i-Ha we should sing praise to God and glorify His name. These children are singing prayers and happy songs.

What prayers and songs do you like to sing?



Ayyam-i-Ha is a time to be happy and to remember
all the things we have to be grateful for in our lives.
This child is thankful for family and a favorite toy.

What are you thankful for?

